



CHAMP

Consortium for Health and Military Performance

Internship Application

The Consortium for Health and Military Performance (CHAMP) is a center within the Uniformed Services University of Health Sciences (USU). It serves as a Joint Service Resource Center focusing on the complete range of disciplines associated with military-unique Human Performance Optimization (HPO) and Total Force Fitness (TFF). Our mission is “Optimize Warfighter mission and Family readiness through leadership, community engagement, education, and conducting and translating human performance research.”

The CHAMP Internship Program is available to undergraduate, graduate-level students, and Active Duty Military Service Members in transition to civilian careers interested in developing holistic skillsets, gaining relevant experiences, and advancing their career paths related to HPO and TFF. CHAMP offers a 6-month internship over the Summer and Fall. Students fulfilling a capstone project for their academic institution may also contact our program throughout the year for longer internship durations and specific focuses.

Applications are accepted from January 16, 2024 (12 AM) to February 16, 2024 (11:59 PM). Applicants may be scheduled for an interview, but this does not reflect an acceptance or rejection from the program if not scheduled for an interview. Chosen applicants will be notified in early April via email of the application result. The internship will be from June 17 – December 13, 2024.

To apply, please read the instructions carefully and fill out this application in its entirety. It contains 4 sections: Student Information, Internship Expectations, Essay, and Supplemental Documents & Submission. Completed applications will be submitted in PDF format, with all supplemental documents attached via email. Please ensure all documents sent are labeled as follows: Last Name, First Name_ Type of Document. For questions or submission, please email CHAMPINTERN@USUHS.EDU.



USU

Uniformed Services University

CHAMP

Consortium for Health and Military Performance

SECTION 1 – STUDENT INFORMATION

STUDENT

Name:

Address:

City, State, Zip Code:

Email:

Telephone:

Major/Area of Study, Degree Level:

Graduation Date:

GPA:

SCHOOL

Name:

Address:

City, State, Zip Code:

DEPARTMENT/COURSE CONTACT

Name, Position:

Department:

Telephone:

Email:



USU

Uniformed Services University

CHAMP

Consortium for Health and Military Performance

SECTION 2 – AVAILABLE PROJECTS

Read the description and requirements of available projects, and select the one that most interests you.

Bioinformatics Literature

Seeking an intern for biomedical and statistical literature review. The primary objective would be codifying a "map" of bioinformatics literature, gaps, and future directions, with a focus on military readiness. The topics of interest include bioinformatics, human performance optimization, and total force fitness. Military or clinical perspective is a plus. No coding experience required.

Ideal candidate has an interest in learning and contextualizing new subjects. The ideal skills include reading, writing, and communicating in academic settings.

Requirements: Minimum high school diploma, undergraduate experience preferred. Background in public health or related field.

Genomics Study

Exercise Collapse Associated with Sick Cell Trait (ECAST) and Exertional Related Illness (ERIS) is seeking an intern to assist with Clinical/genetic data analysis of subjects with exertional rhabdomyolysis and heat injury.

Requirements: College students with a background in biology preferred. Knowledge of descriptive statistical analysis is desirable, but not required.

Injury Prevention Research Laboratory

The Injury Prevention Research Laboratory (IPRL) is seeking an intern to assist with data analysis, literature gathering, and development of scientific products related to musculoskeletal health and injury in military Service members. The intern will be assigned tasks aligned with education and skill level and may be involved in collaborative projects across CHAMP domains (e.g., intersections between the IPRL and Performance Psychology teams).

Requirements: Minimum high school diploma. Preferred undergraduate research experience. Background in kinesiology, biomechanics, exercise science, or a related field.

Operation Supplement Safety

Operation Supplement Safety (OPSS) is seeking an intern to assist with various projects involving dietary supplements and ingredients. Learns about and conducts literature reviews, critical evaluation of the literature and synthesizing research for article writing skills.

Requirements: Undergraduate research experience or related in nutrition, nutrition science, or research methodology in the social sciences.

Psycho-Social Spiritual Research

Seeking an intern for Psycho-Social Spiritual Research that would learn about doing literature reviews, data collection techniques, qualitative codebook development and coding, and data analysis and write up.

Requirements: Applicants must have a background in the social sciences, including but not limited to anthropology, sociology, psychology, public health, or a related field.

Total Force Fitness

Human Performance Resources by CHAMP (HPRC) is seeking an intern to assist with outreach and resource dissemination, and Human Performance Optimization (HPO) training (virtually). Completes reviews of literature on topics related to total force fitness and human performance optimization. Maintains organization of research articles, files related to drafted content and reviews of literature. Updates Google documents and Google sheets as needed to reflect progress and to track work done as requested.

Requirements: Minimum high school diploma. Preferred undergraduate research experience.



CHAMP

Consortium for Health and Military Performance

Timeline – CHOOSE ALL THAT APPLY

Full-time Summer | Part-time Fall

Part-time Summer | Part-time Fall

Internship Type – CHOOSE ALL THAT APPLY

Volunteer

Course Credit

SECTION 3 – ESSAY

The essay portion of this application requires a 250-word minimum and 500-word maximum. Please, submit your essay as a separate PDF document.

- A. CHAMP uses the Total Force Fitness (TFF) paradigm as a lens to focus on the health and well-being of Service Members. The 8 interconnected domains of TFF are social, physical, financial, spiritual, environmental, nutritional, psychological, and medical & dental. **Write an essay highlighting how optimizing your performance in 1 or more TFF domains helps you be at your best version.**

SECTION 4 – SUPPLEMENTAL DOCUMENTS & SUBMISSION



USU

Uniformed Services University

CHAMP

Consortium for Health and Military Performance

Supplemental Document Checklist

Please provide the following documents as PDF attachments with your application:

Official proof of enrollment from your academic institution

Official Transcripts from all academic institutions attended

Resume or Curriculum Vitae

(1) Letter of Recommendation from an instructor or employer

Submission Instructions

Incomplete application or application packages time-marked after the submission deadline will be automatically disqualified. Please submit your complete and signed application package to CHAMPINTERN@USUHS.EDU by **February 16, 2024 (11:59 PM)**. When submitting the application, attach the appropriate supplemental documents to the email.

By signing below, I, _____, understand this internship is related to an educational purpose and there is no guarantee or expectation that the internship will provide a scholarship or financial benefit, and/or result in employment with CHAMP. As such, should I be offered an internship with CHAMP, I understand that transportation, lodging, and other living expenses are my own responsibility. I also acknowledge that CHAMP is an equal opportunity employer and therefore all appointments will be based upon competitive merit. Lastly, I certify that all information and materials provided in this application is true and correct to the best of my knowledge.

Signature: _____

Date: _____