



CHAMP

Consortium for Health and Military Performance

Internship Application

The Consortium for Health and Military Performance (CHAMP) is a center within the Uniformed Services University of Health Sciences (USU). It serves as a Joint Service Resource Center focusing on the complete range of disciplines associated with military-unique Human Performance Optimization (HPO) and Total Force Fitness (TFF). Our mission is “Optimize Warfighter mission and Family readiness through leadership, community engagement, education, and conducting and translating human performance research.”

The CHAMP Internship Program is available to undergraduate, graduate-level students, and Active Duty Military Service Members in transition to civilian careers interested in developing holistic skillsets, gaining relevant experiences, and advancing their career paths related to HPO and TFF. CHAMP offers a 6-month internship over the Summer and Fall. Students fulfilling a capstone project for their academic institution may also contact our program throughout the year for longer internship durations and specific focuses.

Applications are accepted from January 6, 2023 (12 AM) to February 17, 2023 (11:59 PM). Applicants may be scheduled for an interview, but this does not reflect an acceptance or rejection from the program if not scheduled for an interview. Chosen applicants will be notified in early April via email of the application result. The internship will be from June 19 – December 15, 2023.

To apply, please read the instructions carefully and fill out this application in its entirety. It contains 4 sections: Student Information, Internship Expectations, Essay, and Supplemental Documents & Submission. Completed applications will be submitted in PDF format, with all supplemental documents attached via email. Please ensure all documents sent are labeled as follows: LastName, FirstName_Type of Document. For questions or submission, please email CHAMPINTERN@USUHS.EDU.



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SECTION 1 – STUDENT INFORMATION

STUDENT

Name:

Address:

City, State, Zip Code:

Email:

Telephone:

Major/Area of Study, Degree Level:

Graduation Date:

GPA:

SCHOOL

Name:

Address:

City, State, Zip Code:

DEPARTMENT/COURSE CONTACT

Name, Position:

Department:

Telephone:

Email:



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SECTION 2 – AVAILABLE PROJECTS

Read the description and requirements of available projects, and select the one that most interests you.

Dietary Supplements and Operation Supplement Safety

[Operation Supplement Safety](#) (OPSS) is seeking an intern to assist with various projects—social media content creation, OPSSup App, Health Professional Module, and other projects involving dietary supplements and ingredients. The intern will help uncover trending topics in this space, and utilize our information about dietary supplement ingredients to create social media content. This will be a fully virtual internship.

Requirements: Applicants must have a background in Nutrition, Nutritional Science, or Biochemistry.

Performance Psychology

CHAMP Performance Psychology Directorate is seeking an intern to assist with various projects and get a breadth of experience with the psycho/social/spiritual performance research team. The intern will focus on developing the foundational Warfighter Brain Health portfolio for this research team and will work on literature review, academic writing, preparing grant applications, and secondary data analysis. This will be a fully virtual internship.

Requirements: Applicants can have a background in psychology, exercise science, or a related field.

Injury Prevention Research Laboratory

The [Injury Prevention Research Laboratory](#) (IPRL) is seeking an intern to assist with data collection at Naval Air Station Patuxent River, Maryland about once a week. Research Coordinator will drive from Bethesda with the intern. Data collection consists of an on line survey and a non-invasive low back pain motion device. The intern will learn how to use an online survey tool called REDCap along with other data bases, and will conduct literature review and data analysis. This will be a mix of virtual and in-person internship.

Requirements: Applicants must have a background in science and an interest in clinical research.

Genomics Study of Exertion Related Musculoskeletal Injures

Genomics Study of Exertion Related Musculoskeletal Injures is seeking an intern to assist with data collection from public databases, data pre-processing and genome-wide association meta-analysis. The intern will get basic training in bioinformatic analysis. This will be a fully virtual internship.

Requirements: Applicants must have a background in basic programming skills, general knowledge of genomics and genetics. Applicants should also have experience in using Linux, R programming language.

Timeline – CHOOSE ALL THAT APPLY

Full-time Summer | Part-time Fall

Part-time Summer | Part-time Fall

Internship Type – CHOOSE ALL THAT APPLY

Volunteer

Course Credit

SECTION 3 – ESSAY

The essay portion of this application requires a 250-word minimum and 500-word maximum. Please, submit your essay as a separate PDF document.

- A. CHAMP uses the Total Force Fitness (TFF) paradigm as a lens to focus on the health and well-being of Service Members. The 8 interconnected domains of TFF are social, physical, financial, spiritual, environmental, nutritional, psychological, and medical & dental. **Write an essay highlighting how optimizing your performance in 1 or more TFF domains helps you be at your best version.**



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SECTION 4 – SUPPLEMENTAL DOCUMENTS & SUBMISSION

Supplemental Document Checklist

Please provide the following documents as PDF attachments with your application:

Official proof of enrollment from your academic institution

Official Transcripts from all academic institutions attended

Resume or Curriculum Vitae

(1) Letter of Recommendation from an instructor or employer

Submission Instructions

Incomplete application or application packages time-marked after the submission deadline will be automatically disqualified. Please submit your complete and signed application package to CHAMPINTERN@USUHS.EDU by **February 17, 2023 (11:59 PM)**. When submitting the application, attach the appropriate supplemental documents to the email.

By signing below, I, _____, understand this internship is related to an educational purpose and there is no guarantee or expectation that the internship will provide a scholarship or financial benefit, and/or result in employment with CHAMP. As such, should I be offered an internship with CHAMP, I understand that transportation, lodging, and other living expenses are my own responsibility. I also acknowledge that CHAMP is an equal opportunity employer and therefore all appointments will be based upon competitive merit. Lastly, I certify that all information and materials provided in this application is true and correct to the best of my knowledge.

Signature: _____

Date: _____